

## Paignton Canoe Club Member

Great news for the kids: school summer holidays!! Bad news for the adults: school summer holidays!!! And as we all know in the so-called English Riviera this means nice weather (well, mostly-ish!) and busier roads (definitely). It also means that there seems to be a lot of sponsored swims going on that need kayaking help, unfortunately a couple of these clash, but sometimes that's just what happens.

There will be various trips now that will often finish in the dark and for these lights are necessary. Remember we have lights not to see but to be seen (unless you are in a cave!). This is essential during the Paignton Regatta as there will be lots of traffic on the sea, all of which will be bigger than us!

We are also trying out a new experimental Tuesday night session: a litter pick on the river Teign. Last year we were shocked to see how much rubbish there was on the Teign so we have drawn inspiration from the highly successful Dart litter picks and plan to do a club one on the Teign.

Thanks to everyone who has contributed to this month's newsletter. Please feel free to contribute to the next one.

Jeremy (vice chairman and editor)

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## From The Chairman

Summer holidays are here but at least we can all escape the crowds by paddling away from the beaches to our favourite quiet spots. Sometimes these spots are not as clean as we would like & with the big sea kayaks there is usually a chance to remove some litter: speaking of which we will soon be paddling up the Teign estuary on a Tuesday night & hopefully making a difference.

For the white-water paddlers we will probably help do the same on the Lower Dart in the autumn like many did last year.

[https://www.facebook.com/rivercleanupuk?ref\\_type=bookmark](https://www.facebook.com/rivercleanupuk?ref_type=bookmark) Also on white water, Rich O'Brien is organising with Fluid Skills an Alps trip next year, details on Facebook & the forum.

Back home, we do have the Paignton regatta to look forward to the round the pier swim support & the fireworks, which are best viewed from the sea! Don't forget a light. Thanks also to Tim for arranging some Saturday paddles, most of which have been in glorious sunshine.

Finally, while August might be busy, September is quieter, any ideas of any trips away we could do?

Cheers Rob

## **Latest News and Recent Events**

### **Newsletter Page**

Thanks to Jon Roberts for his work on updating the newsletter page on the website. There is now more info on it with regards to the newsletter and a link to all the past newsletters please check it out.

<http://www.paigntoncanooclub.org.uk/restricted/Newsletters.html>

### **No Extra Pool Times at Clennon Valley for Polo**

As was decided at the last committee meeting I got in contact with Clennon Valley swimming pool asking if there was any extra times we could hire the pool for polo, this was my response from them:

Hi Jeremy

We haven't got any pool space available at this present time as the timetable is taken up with club use and swimming lessons.

If any space comes available I will contact you.

Kind regards

Mark Pearsall

(DOH!!!!- ed) I responded with:

Thank you for your reply.

I appreciate that the pool timetable is taken up at the present I was enquiring of our clubs possible extra use of it in the future.

Is it possible to book the pools use for extra sessions in the coming future months from October onwards or in 2015? Could I ask: what is Torbay leisure centre's policy with regards to its pool hire and use so that we know for future reference? And if there is the possibility of us hiring the pool for extra sessions in the future how far in advance would you require booking?

Thank you for your time.

Jeremy

To which I never received a reply! Make of that what you will.

### **Kingswear to Brixham Paddle**

(by Caryl Bickle)

Paddled Kingswear to Brixham 27 July, beautifully calm sea!

We left Kingswear and left the Dart behind before making our way to Pudcombe beach for lunch and a swim (not me). After rock hopping most of the way we came to Berry Head. It was like having a line drawn on the water. Calm-messy. As we rounded the corner it was like the sea became liquid bubbling in a pan. At one point my whole boat went up and came down with a plop.

Dave was there on the rocks like a lifeguard checking we all came home ok, A brilliant day's paddle with just about everything in it. Thanks guys!

Caryl Bickle

## **Upcoming Events and Trips**

All Paddle sport has a certain risk to it. It is not and never will be 100% safe. Anyone attending any and all Paignton canoe club activities does so at their own risk.

Pcc rules can be found at: <http://www.paigntoncanooclub.org.uk/ClubRules.html>

## **Upcoming Tuesday Night Paddles**

Meeting times will be at 7pm (unless stated otherwise). There will be no changing facilities at these locations and the club trailer will not be brought due to parking and security issues. If you wish to hire a club boat and/or club Kit for any Tuesday club session please contact us at least 2 days before for us to organise.

## **Aug**

- 12 Paignton Fireworks Night - Meet Goodrington, Inn on the quay. Paddle over to Preston to view fireworks & return. Lights are required! (there will be lots and lots of boats) We will need to keep in a close group during the fireworks and the return paddle, so please do not disappear.
- 19 BBQ at Institute Beach. Meet Goodrington, Youngs Park road to paddle to Institute Beach, BBQ and return. Bring your cooking gear, food & drinks. Road access for non paddlers
- 26 Litter pick the Teign - Meet Passage House to head upstream and clean up as much rubbish as is possible and safe and return (at least 1 canoe required as floating rubbish dump!).

## **Sept**

- 2 Stoke Gabriel to Totnes - Meet at Longmarsh car park Totnes 6.30pm to run shuttle to Stoke Gabriel. Longish paddle, finish in the dark (ideal for canoes)
- 9 Meadfoot to Babbacombe (possible stop in the pub) and return, Lights advised.

## **Summer Bala Weekender**

(by Jon R)

There is a "Summer Bala Weekender" being arranged by Mark Allen (local coach & of 'kayaking the dart' facebook page) for the weekend of 8-10th Aug 2014

Here's the details:

<https://www.facebook.com/events/919548034738050/>

So not a club paddle but the event is open to all. Still a 'peer' paddle of course.

Jon (from the forum)

## **Big Sea Kayak Symposium**

(from David Clare)

Please find attached the poster for the "Big Sea Kayak" Symposium (hopefully the PDF attached to this email –ed) taking place at the Mountbatten Centre in Plymouth 26 - 28th September 2014, everything from introduction to sea kayaking all the way to 5 Star Sea training, even activities for non paddling partners.

Please pass the poster on to all your club members.

Many thanks

David Clare – Canoe England, Canoeing Development Support Officer (south)

## **End of September AGM**

I know it's early but this is just a heads up for the club AGM (Annual General Meeting) on the last Tuesday in September. This is when the whole club can get together to discuss any and all items to do with the club and elect the committee for next year.

The end of September is also the end of the club year: subs will be due, all club kit will need to be returned, sorted and accounted for and we go back in the pool in October on Tuesday nights.

## **2015 Alps Trip**

(by Richard)

I am chasing those that may want to come to the alps next year. I am after £100 deposit for the trip asap. Other clubs are wanting the trip but it's being held for us at the mo. So if you're in then it's £100 asap please. Call me on 07880548899 or pm me and I can arrange pick up of funds.

French Alps club rate is £650.00, minimum of 6, Maximum of 12 people. Costing is based on the following. Sat 4th to Sat 10th catered accommodation with one meal at out at our expense (normally the last night). Breakfast, lunch and evening meals are Inc. Rooms are two people sharing. We need to arrange who's in what room later.

You need to supply your own sleeping bag, or single sheet and duvet. Or they can be provided at £15 pp per week.

All coaching and guiding is provided and included in the cost. Darren can also run Bcu 3-5 star awards WWSR and an advanced WWSR course, prior notice to be arranged.

To rent a paddleboat and spray deck for the week it is now £50.00. You need to bring all your own river kit as none of this is supplied.

Snacks and alcohol is not provided.

I will call a meeting next month to arrange transport. Who's flying and who's driving.

Richard O'B

## **Swims Needing Kayaking safety cover**

There a few swims coming up that are asking for kayak support, unfortunately some do clash.

### **London Lido**

(by Tim D)

On the Sunday 17<sup>th</sup> August a group from a London Lido (they break ice to swim in the winter) are going to be swimming from Stoke Gabriel. They will be wading in at 9:30 for one of two distances 6km or 11km. All should be landed by 1:30. A 'yummy lunch' is promised as a thank you. We have supported these in the past and they are a great fun bunch of people. Message Olivia Palmer (a FB club member) or contact me.

### **Ayrton's Dream**

(by Tim D)

Another one on 7<sup>th</sup> September. Also fun, but with a much more serious purpose is a swim in aid of Ayrton's Dream

<https://www.facebook.com/groups/301942976618566/>.

This is in memory of a lost little one and in support of providing facilities in the hospital for families of still born children. We supported them last year and had a right laugh. This swim is in the sea from Torquay to Goodrington on Sunday 7<sup>th</sup> September.

Tim D

### **Oddicombe Swim**

(by Jon R)

Received a fairly desperate plea from a Maggie Pike (01752 768053) for more swim cover today. This time for the Oddicombe swim on Saturday 9th August.

Meet around 5:30pm latest as swim starts at 5:45 and should be finished a couple of hours later. (Swimmers get taken out if not finished in 1.5 hours). It's a circuit; juniors do one lap, seniors two. So it's not following a swimmer but watching a position & general cover.

I believe Ibex normally cover this but are unable this year due to conflicting commitments. It's also the weekend of the Bala trip, so I'm away as are others. I have explained this & so no commitment has been made.

Is anyone interested? If so please post on the forum (or on facebook) asap so I can get back to Maggie and let her know whether we'll be able to help.

She's asked for at least half a dozen of us, but more if possible.

Jon (from the forum)

## **Round Paignton Pier Swim**

Aug 9th The round the Paignton pier swim, part of the regatta events which will also require kayak support, with some of the swimmers looking very familiar! A short evenings' paddle maybe followed by a sociable drink. (Yes this clashes with the Oddicombe swim and Bala Weekender!-ed)

All paddling trips and events are entirely weather dependent and because of this are often organized (and can be cancelled) at the last minute. So please keep yourself up to date with what's going on using.....

## **Club Communication**

**Emails:** [info@paigntoncanooclub.org.uk](mailto:info@paigntoncanooclub.org.uk)

[newsletter@paigntoncanooclub.org.uk](mailto:newsletter@paigntoncanooclub.org.uk) Please use this for anything relating to the newsletter and only the newsletter. Please do **not** give this email out to non-members.

**Website:** <http://www.paigntoncanooclub.org.uk>

**Club Forum:** (for members only)

<http://www.paigntoncanooclub.org.uk/members/phpBB3/index.php> To access this and any other password protected part of the site you will need.

**Username:** pcc      **Password:** water

This is for all members and only members to use. Feel free to contribute, your input matters and we want to hear it.

**Facebook:** Love it or hate it, it's used a lot. PCC has a facebook page

<https://www.facebook.com/groups/44208464189/> which we allow anyone to join and use, so please only put on there what you want the whole world to see.

**Committee Telephone Numbers:** (For Members only)

[http://www.paigntoncanooclub.org.uk/restricted/Members\\_Contact.html](http://www.paigntoncanooclub.org.uk/restricted/Members_Contact.html)

All Committee members are unpaid volunteers with separate full time Jobs

## **The Next Newsletter**

We want you to contribute to the Newsletter. ALL MEMBERS please email to [newsletter@paigntoncanooclub.org.uk](mailto:newsletter@paigntoncanooclub.org.uk) anything you want to put into the newsletter.

Newsletter Info (including what we are looking for) can be found at:  
<http://www.paigntoncanooclub.org.uk/members/phpBB3/viewtopic.php?f=4&t=1434&p=5196#p5196>

We store members' names, email addresses and telephone numbers on a Gmail account, if you do not wish to have your details stored in this way then please email [newsletter@paigntoncanooclub.org.uk](mailto:newsletter@paigntoncanooclub.org.uk) and request to have your details removed.

The cut off date for content for the next newsletter will be the 28<sup>th</sup> of this month.

Happy Paddling  
Jeremy