

Paignton Canoe Club Member

Well we seem to be having a classic British summer of totally unpredictable weather, cloudy one minute then rain then sun (and that's just in the time it's taken to write this introduction!). But it's good to see that people are still getting out and paddling, on Tuesday sessions or organising their own trips.

Can I just take this opportunity to remind and encourage all members to feel free to contribute to the newsletter. There have been some really great write ups and articles contributed over the last few months and I hope this continues. Any trips or events you are planning, write ups, advice on paddling techniques or kit, funny anecdotes or hell, even stuff on paddling politics!!! Anything to do with the club, canoeing or the wider paddling community in general is all welcome. It can be as long or as short as you like. Just email it to: [newsletter@paigntoncanooclub.org.uk](mailto:newsletter@paigntoncanooclub.org.uk)

Thanks to everyone who has contributed to this month's Newsletter. Please feel free to contribute to the next one.

Jeremy (vice chairman and editor)

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## From The Chairman

Hi all, and welcome to everyone who completed the recent course. I hope we have encouraged you all to join us on the water on our Tuesday night paddles & to enjoy our wonderful local scenery. Tim Durrant has been organising some Saturday trips which have been posted on the clubs forum, located on our website. We do have a Facebook page that sees a lot of posts, so please join in, post & hopefully we can increase the opportunities for paddling for everyone.

## Latest News and Recent Events

### Canoe Doodle

(by Tim D)

Thanks to everyone who filled in the Doodle regarding Canoe and 2 Star training and assessment. We are now in process of planning a two day canoe course and a one day polish up and assessment. I will be in contact with those that responded to the survey. If anyone else is interested please get in touch with me.

Thanks

Tim

[tim.durrant1@gmail.com](mailto:tim.durrant1@gmail.com)

## **Completed Beginners Course**

(by Sam K)

Congratulations to those paddlers who have completed the beginners and improvers course! We look forward to seeing you on club trips over the summer.

If anyone from the course wants any further 1-1 or small group coaching, I am happy to arrange something. Please contact me by email [Sam.kite2@btinternet.com](mailto:Sam.kite2@btinternet.com) or call/text 07734003250.

Happy paddling!

Sam

## **Surf weekend**

(by Rob C)

Well after various emails, plans didn't quite happen but the weekend went ahead. Bee & myself both drove up to Saunton on the expectation of greater surf than the last surf trip (0 feet!). We met up with Michelle, Sarah & Jo at the beach & after a bit of lunch made the long walk out to the sea. Nice clean 2-3ft surf greeted us & so on the water we went. Bee hadn't kayak surfed before but soon got the idea & within a couple of hours we were all out the back catching some great rides. Eventually we headed to Lobb Fields, booked in & were joined by Phil & Tina. Off to the pub for drinks & a curry with lots of chatting till late.

Sunday had 1-2ft surf forecast & so we had the opportunity to say "You should have been here yesterday" to those who made the journey up. Nick, Kat, Aaron, Nigel, Harriet & the kids. All enjoyed the beach. Aaron scored some nice rides in on the waves & everyone enjoyed what was there. Even Harriet's young children got in on the surf action, although that was down the dunes in a kayak.

Thanks to all that came & enjoyed the weekend, let's do it again before long...

Rob C

## **Paddlers Party Dartmoor Search and Rescue Donations**

We recently received this letter from Dartmoor Rescue with regards to the money that was raised at the paddlers party:

Dear Paignton Canoe Club

Thank you all so much for your amazing fund raising effort on behalf of our team. As we receive very little indirect government funding, your donation of £290 with, we understand, £10 more to follow, is much appreciated.

We enjoyed our evening with you in Princetown and wish you many sunny hours of paddling around the South West this summer.

Thank you again.

Sincerely

Janet Sturmer  
Secretary  
Dartmoor Search and Rescue Team Plymouth

## Upcoming Events and Trips

All Paddle sport has a certain risk to it. It is not and never will be 100% safe. Anyone attending any and all Paignton canoe club activities does so at their own risk. Pcc rules can be found at:

<http://www.paigntoncanooclub.org.uk/ClubRules.html>

### Upcoming Tuesday Night Summer Paddles

Meeting times will be at 7pm (unless stated otherwise). There will be no changing facilities at these locations and the club trailer will not be brought due to parking and security issues. If you wish to hire a club boat and/or club Kit for any Tuesday club session please contact us at least 2 days before for us to organise.

### June

- 10      **BBQ at Silver Cove** – Meet at Youngs Park Road, paddle to Silver Cove for a BBQ and return. Bring your cooking gear, food & drinks (No pedestrian access)
- 17      **Babbacombe to Coombe Cellars** - Meet at Babbacombe car park (by the sea at the bottom of the super steep hill) 6.30pm to run shuttle to Combe Cellars, longish paddle with a late finish in the dark.
- 24      **Preston to Torquay or further?** And return - Meet to launch near

Slipway on Marine Parade, Preston (bring money for stop in Torquay harbour for chips and refreshments if you wish)

## July

- 1     **Rescue practice, Goodrington** - Meet at Youngs Park Road for an evening of sea rescue training and practice. The session will be dedicated to practicing self rescues, rolling, rescuing each other, all in rescues and anything else you want to try. Dress to get wet and expect to swim!
- 8     **Paddle the Exe Canal** or Exe down the weirs and return – Meet at Haven Banks car park. Helmets required if going down the weirs. The canal is ideal for canoes. Bring money for probable stop at pub

Full details on all 2014 Tuesday night summer sessions can be found here:  
<http://www.paigntoncanoeclub.org.uk/members/phpBB3/viewtopic.php?f=1&t=1489>

## **Putsborough, Heritage Classic, North Devon**

(By Rob C)

Is anyone up for this surfing competition? 5/6 July: competition for all classes on the Saturday. Heritage Classic, bring your vintage surf kit and moves for the Sunday. More details and entry form will be on [www.surfkayakskills.com](http://www.surfkayakskills.com) by the end of May.

## **North Cornwall weekend 13<sup>th</sup> June**

Sea kayaking in Cornwall in June: camping at Dennis Farm on the weekend of Fri 13th, Sat 14<sup>th</sup>; please could everyone book their pitches with Dennis Farm.

Looking at the map, there are sections of coast away from any road access making the planning a little bit more interesting. The North coast usually gets more surf & so we will look at the conditions on the night before for the following day. High tide is about 7pm & the campsite has a slipway useable 2.5hr either side of high water.

There are any number of trips but I'm proposing as the long trip on the Saturday, launch at Porthcothan or Treyarnon Bay close to low water. Below Trevose Head & go around the headland at slacker water, Lunch at Harlyn bay & exploring all the coast & arriving back at the campsite late afternoon. We could always paddle down & back from the campsite?

On the Sunday maybe from Wadebridge down the estuary or head further up the coast to paddle around Boscastle & Tintagel.

If it gets really rough then we can always head to the South coast & find a paddle there. Or go surfing!

Padstow has a Tesco's at the top of the hill & lots of eating establishments for the Saturday night & with the campsite being right on the Camel Trail, cycling or walking into town is possible.

<http://www.paigntoncanooclub.org.uk/members/phpBB3/viewtopic.php?f=2&t=1469>

Cheers Rob C. 07986898083

### **BLDSA Cross Torbay swim July 5th**

Swimmers leave Meadfoot to swim to Brixham & some swim back. They need kayakers to provide safety cover. Details will be on the forum but it should be noted that you should be happy being in your boat in the middle of the Bay. It's a long day on the water but good to do.

All paddling trips and events are entirely weather dependent and because of this are often organized (and can be cancelled) at the last minute. So please keep yourself up to date with what's going on using.....

## **Club Communication**

**Emails:** [info@paigntoncanooclub.org.uk](mailto:info@paigntoncanooclub.org.uk)

[newsletter@paigntoncanooclub.org.uk](mailto:newsletter@paigntoncanooclub.org.uk) Please use this for anything relating to the newsletter and only the newsletter. Please do **not** give this email out to non-members.

**Website:** <http://www.paigntoncanooclub.org.uk>

**Club Forum:** (for members only)

<http://www.paigntoncanooclub.org.uk/members/phpBB3/index.php> To access this and any other password protected part of the site you will need.

**Username:** pcc      **Password:** water

This is for all members and only members to use. Feel free to contribute, your input matters and we want to hear it.

**Facebook:** Love it or hate it, it's used a lot. PCC has a facebook page

<https://www.facebook.com/groups/44208464189/> which we allow anyone to join and use, so please only put on there what you want the whole world to see.

**Committee Telephone Numbers:** (For Members only)

[http://www.paigntoncanooclub.org.uk/restricted/Members\\_Contact.html](http://www.paigntoncanooclub.org.uk/restricted/Members_Contact.html)

All Committee members are unpaid volunteers with separate full time Jobs

## **The Next Newsletter**

We want you to contribute to the Newsletter. ALL MEMBERS please email to [newsletter@paigntoncanooclub.org.uk](mailto:newsletter@paigntoncanooclub.org.uk) anything you want to put into the newsletter.

Newsletter Info (including what we are looking for) can be found at:  
<http://www.paigntoncanooclub.org.uk/members/phpBB3/viewtopic.php?f=4&t=1434&p=5196#p5196>

We store members' names and email addresses on a Gmail account, if you do not wish to have your details stored in this way then please email [newsletter@paigntoncanooclub.org.uk](mailto:newsletter@paigntoncanooclub.org.uk) and request to have your details removed.

The cut off date for content for the next newsletter will be the 28<sup>th</sup> of this month.

Happy Paddling  
Jeremy